

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



**4**

Chicken Patty 13g  
on a WG Bun 16g  
Broccoli 8g  
Applesauce 17g

**5**

Beef Taco 20g  
Corn 19g  
Mixed Fruit Cup 26g

**6**

Corn Dogs 25g  
Vegetarian Baked Beans 30g  
Pear 25g

**7**

WG Pizza Slice 23g  
Mixed Green Salad 4g  
Apple 18g

**1**

Hot Dog 3g  
On a WG Bun 25g  
Vegetarian Baked Beans 30g  
Applesauce 17g

**11**

Macaroni & Cheese 31g  
WG Breadstick 24g  
Broccoli 8g  
Pear 25g

**12**

Beef Taco 20g  
Corn 19g  
Mixed Fruit Cup 26g

**13**

Cheeseburger 26g  
On a WG Bun 30g  
Vegetarian Baked Beans 17g  
Applesauce

**14**

WG Pizza Slice 23g  
Mixed Green Salad 4g  
Apple 18g

**15**

Turkey & Cheese Sub 24g  
In a WG Sub Bun 27g  
WG Chips 13g  
Fresh Carrots with Ranch 27g  
Banana

**18**

Hot Dog 3g  
on WG Bun 25g  
Broccoli 8g  
Fruit Slushie 22g

**19**

Walking Chicken Taco 25g  
Corn 19g  
Mixed Fruit Cup 26g

**20**

Cheeseburger 26g  
On a WG Bun 30g  
Vegetarian Baked Beans 17g  
Applesauce

**21**

WG Pizza Slice 23g  
Mixed Green Salad 4g  
Apple 18g



Menu reflects: Carb counts listed in **ORANGE**.  
**Fresh Carrots are offered DAILY**  
Milk is offered with each meal: 1% White Milk 12g OR Fat Free Chocolate 24g

**\*\*Grades 9-12** receive additional servings per USDA guidelines [e.g., 2 fruits].  
USDA is an equal opportunity provider, employer, and lender.  
Menu is subject to change based on food availability or unforeseen school closures.

Fig's Café & Catering Services  
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